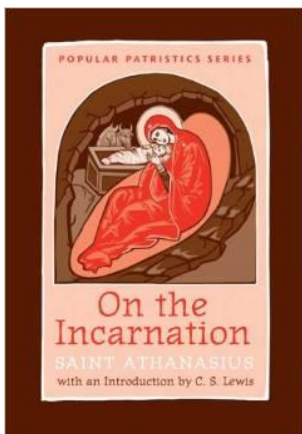


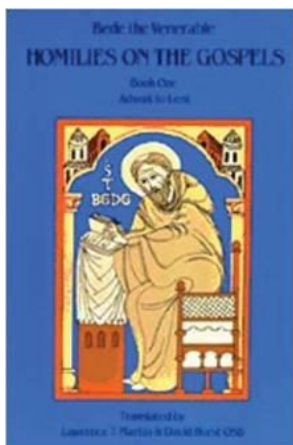
### Julianus Pomerius: Contemplative Life ("CL")

*Pomerius*, originally from North Africa, was a Priest/Abbot in Arles, Gaul (France), who lived in the late 5<sup>th</sup> century AD. His thoughts on contemplative life were influenced by St. Clement of Alexandria. He wrote that whereas a perfect contemplative life exists in Heaven only, a lower form can be attained on earth, through the subduing of passions. This Volume contains three books: Book 1 deals with what is Contemplative Life (GR: ΒΙΟΣ ΘΕΩΡΗΤΙΚΟΣ), vs. Active Life (GR: ΒΙΟΣ ΠΡΑΚΤΙΚΟΣ) and how the two can be united. Book 2 deals with the problems facing those that try, and how they can win through patience and abstinence. Book 3 focuses on how a Contemplative Life requires a *proper* (virtuous) active life upon which to grow.



### St. Athanasius: On the Incarnation

*St. Athanasius the Great*, Archbishop of Alexandria, Egypt (296-373 AD) is a great Saint of the Church and a contributor to the First Ecumenical Council of Nicaea. In this Book, St. Athanasius explains the Theology of how God became *true* man (fully human), then resurrected as true God (fully God, the Son).



### Venerable Bede: Homilies on the Gospels

*Venerable Bede* was an English Monk, 672- 735 AD, best known for his work on the history of the English Church and Nation. However, he was also a linguist that studied the Fathers of the Church and expanded on their commentaries on the Bible. His is a very good Commentary.